

Ebbsfleet Academy Lunch Menu – Week 1



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------|---|---|--|---|---|
| Meat Choice | Sweet Chilli Chicken with tangy tomato & mixed pepper Baked Tortilla Chips | Minced Lamb Biriani Vegetables & Pilau Rice Mini Garlic Naan | Roast Gammon Steak With Pineapple Rich Gravy Roast Potatoes Fresh Carrots Garden Peas | Sticky Soya Chicken & Vegetables With Noodles | Battered Fish Fillet Parsley Sauce Chips Mushy Peas Baked Beans |
| Vegetarian Choice | Meat - Free Burger in a Bun with Salad & Herby Diced Potatoes | Quorn Sausage in Onion Gravy Mashed Potatoes With Garden Peas & Carrots | Roasted Squash & Red Onion Curry With Pilau Rice Nan Bread | Toasted Halloumi Flatbread With Crunchy Slaw and salad | Texan Quorn Dog In Soft Finger Roll With BBQ Sauce & Onions Chips |
| Jacket Potato | Cheese Tuna Mayonnaise Baked Beans Served with Salad. | Cheese Tuna Mayonnaise Baked Beans Served with Salad. | Cheese Tuna Mayonnaise Baked Beans Served with Salad. | Cheese Tuna Mayonnaise Baked Beans Served with Salad. | Cheese Tuna Mayonnaise Baked Beans Served with Salad. |
| Fresh Pizza | Cheese Pizza Pepperoni Pizza | Cheese Pizza Vegetable Supreme | Cheese Pizza Pepperoni Pizza | Cheese Pizza BBQ Chicken Pizza | Cheese Pizza Pepperoni Pizza |
| Pasta King | | | | | |
| Dessert | Apple & Sultana Sponge With Vanilla Custard | Iced Cinnamon Roll | Syrup & Ginger Pudding With Vanilla Custard | Jam Pasty With Vanilla Custard | Chocolate Brownie |

Do we have your Allergen Information?

Please ask a member of the Catering Team if you have any queries with the ingredients in any dish Being served





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| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------|---|---|---|---|---|
| Meat Choice | Spanish Paprika Chicken with tangy tomato & mixed pepper sauce Folded Flatbread | Lamb & Vegetable Madras With Pilau Rice Mini Garlic Naan | Roast Beef With Yorkshire Pudding Rich Gravy Roast Potatoes Fresh Carrots Broccoli & Cauliflower Cheese | Pork Sausage Red Onion Gravy Mashed Potato Garden Peas Fresh Carrots | COD-DOG Tartare Sauce Chips Garden Peas Baked Beans |
| Vegetarian Choice | Meat - Free Burger in a Bun with Salad & Herby Diced Potatoes | Country Vegetable Pie With New Potatoes Garden Peas & Carrots | Chinese Vegetable Sweet & Sour With Boiled Rice | Cauliflower & Potato Fritter With red Pepper Sauce Garden Peas Fresh Carrots | Vegetable Burrito With Tortillas & Tomato Salsa |
| Jacket Potato | Cheese Tuna Mayonnaise Baked Beans Served with Salad. | Cheese Tuna Mayonnaise Baked Beans Served with Salad. | Cheese Tuna Mayonnaise Baked Beans Served with Salad. | Cheese Tuna Mayonnaise Baked Beans Served with Salad. | Cheese Tuna Mayonnaise Baked Beans Served with Salad. |
| Fresh Pizza | Cheese Pizza Pepperoni Pizza | Cheese Pizza Vegetable Supreme | Cheese Pizza Pepperoni Pizza | Cheese Pizza BBQ Chicken Pizza | Cheese Pizza Pepperoni Pizza |
| Pasta King | | | | | |
| Dessert | Danish Apple Crumble With Vanilla Custard | Iced Chocolate Orange Sponge With Chocolate Sauce | Shortbread With Custard | Jam Sponge With Strawberry Custard | Chocolate Cornflake Crunch |

Ebbfleet Academy Lunch Menu - Week 2



Ebbsfleet Academy Lunch Menu - Week 3



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------|---|--|--|--|--|
| Meat Choice | <p>Chicken Tikka Masala Diced Chicken in a spicy tomato cream sauce With Pilau Rice & Mini Naan Bread</p> | <p>Traditional Beef Lasagne Garlic Bread Crunchy Salad Red Cabbage Coleslaw</p> | <p>Roast Turkey Breast With Seasoning Rich Gravy Roast Potatoes Fresh Carrots Broccoli & Cauliflower</p> | <p>Mexican Beef & Peppers In Folded Flatbread & Crunchy Salad & Slaw</p> | <p>Battered Fish Fillet Parsley Sauce Chips Garden Peas Baked Beans</p> |
| Vegetarian Choice | <p>Fajita Pasta Bake Baked Garlic Tortilla Slices Crunchy Salad</p> | <p>Potato Skins With Tomato & BBQ Sauce Onions Cheese Topping Crunchy Salad & Coleslaw</p> | <p>Quorn Sausage in Onion Gravy Roast Potatoes With Fresh Carrots Broccoli & Cauliflower</p> | <p>Tomato, Garlic & Herb Spaghetti Bolognese Garlic Bread Slice Crunchy Salad</p> | <p>Meat - Free Spicy Beanburger in a Bun with Tomato Relish Crunchy Salad Herby Diced Potatoes</p> |
| Jacket Potato | <p>Cheese Tuna Mayonnaise Baked Beans Served with Salad.</p> | <p>Cheese Tuna Mayonnaise Baked Beans Served with Salad.</p> | <p>Cheese Tuna Mayonnaise Baked Beans Served with Salad.</p> | <p>Cheese Tuna Mayonnaise Baked Beans Served with Salad.</p> | <p>Cheese Tuna Mayonnaise Baked Beans Served with Salad.</p> |
| Fresh Pizza | <p>Cheese Pizza Pepperoni Pizza</p> | <p>Cheese Pizza Vegetable Supreme</p> | <p>Cheese Pizza Pepperoni Pizza</p> | <p>Cheese Pizza BBQ Chicken Pizza</p> | <p>Cheese Pizza Pepperoni Pizza</p> |
| Pasta King | | | | | |
| Dessert | <p>Pineapple Upside Down Cake With Vanilla Custard</p> | <p>Lemon & Sultana Cake With Vanilla Custard</p> | <p>Oaty Pear Crumble With Vanilla Custard</p> | <p>Banoffee Pudding With Vanilla Custard</p> | <p>Iced Chocolate Cake</p> |



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Ebbsfleet Academy

Lunch Menu - Week 4



Meat
Choice

Monday
Homemade Spiced
Beefburger
In Brioche Bun
With Salsa Relish &
Fried Onions
Salad & Slaw

Tuesday
Chicken & Leek Pie
Shortcrust Pastry Topping
Garden Peas
Carrots
Mashed Potato

Wednesday
Roast Chicken
With Seasoning
Rich Gravy
Roast Potatoes
Fresh Carrots
Fresh Cabbage

Thursday
Chilli 'Con' Carne
With Vegetable Rice
Tortilla Chips

Friday
Battered Fish Fillet
Parsley Sauce
Chips
Garden Peas
Baked Beans

Vegetarian
Choice

Mac 'n' Cheese
With Chunky Bread
Salad & Slaw

Quorn Meat-Free Balls
With Spaghetti
In Tomato & Basil Sauce
Garden Peas
& Carrots

Cheese Flan
Roast Potatoes
Crunchy Salad

Mixed Bean Stuffed
Peppers
Cheese & Herb Topping
Crunchy Salad
Coleslaw

Potato Skins
With Tomato & BBQ Sauce
Onions
Cheese Topping
Garden Peas



Jacket
Potato

**Cheese
Tuna Mayonnaise
Baked Beans
Served with Salad.**

**Cheese
Tuna Mayonnaise
Baked Beans
Served with Salad.**

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Tuna Mayonnaise
Baked Beans
Served with Salad.**

**Cheese
Tuna Mayonnaise
Baked Beans
Served with Salad.**

**Cheese
Tuna Mayonnaise
Baked Beans
Served with Salad.**

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member of staff if
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Fresh
Pizza

**Cheese Pizza
Pepperoni Pizza**

**Cheese Pizza
Vegetable Supreme**

**Cheese Pizza
Pepperoni Pizza**

**Cheese Pizza
BBQ Chicken Pizza**

**Cheese Pizza
Pepperoni Pizza**

Pasta
King



Dessert

**Pineapple Upside Down
Cake
With Vanilla Custard**

**Iced Chocolate Sponge
With Chocolate Sauce**

**Oaty Pear Crumble
With Vanilla Custard**

**Banoffee Pudding
With Vanilla Custard**

**Iced Lemon Drizzle
Cake**

