





| Skill   | Sub-Skill  | I am able to...  |
|---|--|--|
| <b>Communication</b><br>     | <b>Public speaking and presenting</b><br><br><b>Debating and discussing</b><br><br><b>Social communication</b> | <ul style="list-style-type: none"> <li>• Speak in public, make presentations and write confidently across genres and audiences, using various techniques &amp; media</li> <li>• Organise and depict information logically</li> <li>• Formulate an argument</li> <li>• Participate in formal and informal discussions &amp; debates articulating views and opinions clearly and coherently</li> <li>• Communicate confidently and effectively in social situations</li> <li>• Listen with empathy and read non-verbal cues</li> </ul>   |
| <b>Social</b><br>            | <b>Collaboration</b><br><br><b>Digital citizenship</b><br><br><b>Relationship</b><br><br><b>Intercultural</b>  | <ul style="list-style-type: none"> <li>• Actively, respectfully, and productively collaborate, virtually and face to face, to create a product</li> <li>• Manage and resolve conflict, build consensus, make fair and equitable decisions, listen actively to other perspectives, negotiate effectively, and encourage others to contribute</li> <li>• Exercise leadership and take on various roles within groups</li> <li>• Effectively manage personal online digital presence with an understanding of rights, responsibilities, and the law</li> <li>• Use technology and social media responsibly and effectively for personal and career development</li> <li>• Demonstrate and use digital literacy to enhance learning &amp; understanding</li> <li>• Develop, sustain, and understand relationships with family, friends, peers</li> <li>• Demonstrate empathy by understanding others' values and perspectives</li> <li>• Embrace ideas, cultures and connections</li> <li>• Be open-minded to different perspectives</li> <li>• Adapt behaviour according to the cultural context</li> </ul> |
| <b>Self Management</b><br> | <b>Metacognition</b><br><b>Organisational</b><br><br><b>Affective</b><br><br><b>Reflection</b>                 | <ul style="list-style-type: none"> <li>• Understand self as a learner and organise accordingly</li> <li>• As a self directed learner, manage time, tasks, and information effectively, efficiently, and productively to be accountable for actions and behaviour</li> <li>• Plan, prioritise, and take action to achieve goals</li> <li>• Be flexible to change</li> <li>• Practice mindfulness</li> <li>• Through self-motivation, develop self-confidence, perseverance, resilience, and regulate emotions</li> <li>• Manage my well-being, social and emotional needs, health &amp; stress</li> <li>• Recognise technology distractions and when to limit devices</li> <li>• Give and receive meaningful feedback</li> <li>• Use experiences and accomplishments for reflection and learning</li> <li>• Set, assess, review and revise my goals</li> </ul>  |
| <b>Research</b><br>        | <b>Information literacy</b><br><br><b>Digital literacy</b>   | <ul style="list-style-type: none"> <li>• Form a research question</li> <li>• Find, select, edit, prioritise, interpret, and reframe information</li> <li>• Evaluate information sources</li> <li>• Respect academic integrity by giving credit</li> <li>• Select and use appropriate online tools to find, filter, edit, prioritise, organise, and present resources</li> </ul>  |
| <b>Thinking</b><br>        | <b>Critical thinking</b><br><br><b>Creative and innovation</b><br><br><b>Transfer</b>                          | <ul style="list-style-type: none"> <li>• Solve problems and make ethical decisions</li> <li>• Analyse and evaluate data, issues or ideas, and draw reasonable conclusions</li> <li>• Gather and logically organise data/information, sift relevant from irrelevant, and model with technology where appropriate</li> <li>• Apply computational thinking</li> <li>• Generate new ideas and consider alternatives</li> <li>• Develop things and ideas in new and imaginative ways</li> <li>• Develop artistic intention</li> <li>• Explore the future of our society and environment and consider problems</li> <li>• Be entrepreneurial</li> <li>• Utilise skills and knowledge from one subject in multiple contexts</li> <li>• Understand connections between practical work and theory, knowledge, and application</li> </ul>  |