




FAMILY LEARNING COURSES 2023

**Sure Start
Children's Centres**
Dartford

Our courses are free of charge and delivered
virtually via Zoom unless specified

Autism Awareness	Tues 10 th Jan - Tues 31 st Jan 6.30pm - 8.30pm (4 sessions)
Managing Children's Behaviour	Weds 11 th Jan - Weds 1 st Feb 9.30am - 11.30am (4 sessions)
First Aid for Families	Fri 20 th Jan - Fri 3 rd Feb 9.30am - 11.30am at Oakfield Children's Centre, Oakfield Lane, DA1 2SW (3 sessions)
Managing Children's Behaviour	Tues 28 th Feb - Tues 21 st March 12.30pm - 2.30pm 4 (sessions)
Supporting ADHD in the Home	Weds 8 th March - Weds 29 th March 6.30pm - 8.30pm (4 sessions)
First Aid for Families	Thurs 15 th June - Thurs 29 th June 9.30am - 11.30am at Swanscombe Children's Centre pedestrian access only via Coopers Rd DA10 OBS
Autism Awareness	Weds 21 st June - Weds 12 th July 9.30am - 11.30am
Managing Children's Behaviour	Thurs 22 nd June - Thurs 13 th July 6pm - 8pm (4 sessions)



Please contact
Tracy on 03000
418992 to find
out more or book
a place



All courses are free of charge, please call Tracy on 03000 418442 to book your place.

First Aid

- Learn the emergency procedure and making an emergency phone call
- How to place a casualty into the recovery position
- How to use the primary survey
- How to recognise and treat choking
- How to treat and monitor bleeding, minor bruising and burns
- How to practice cardiopulmonary resuscitation



Managing Children's Behaviour

- Set boundaries for your child
- Understand your child's behaviour
- Praise and reward your child
- Show your child affection effectively
- Communicate better with your child

Supporting ADHD in the Home

- Explore the categories of ADHD
- Share ideas and strategies for managing behaviour
- Celebrate the positives of ADHD

Autism Awareness

- Understand the basic principles of autism and the different aspects that can be presented
- Different expert theories and understanding of the spectrum
- The diagnosis process and how to go about it
- Behaviour management, support and coping strategies

